


Monday		Tuesday		Wednesday		Thursday		Friday	
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup					
Scrambled Eggs	3	Yogurt/Cheerios	4	Bagels w/cream cheese	5	Corn Flakes	6	Hot Oatmeal	7
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Veggies		Cheese Crackers		Fruit Salad		Rice/cucumber		Pasta/Cheese
	Milk		Milk		Milk		Milk		Milk
Biscuits	10	Oatmeal	11	Scrambled Eggs	12	Bagels w/Cream Cheese	13	French Toast	14
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Lentil Soup		Grilled Cheese Sandwich		Applesauce & Raisins		Corn Cobbettes		Quesadillas
	Milk		Milk		Milk		Milk		Milk
Toast	17	Cereal	18	Pancakes	19	Breakfast Burrito	20	Waffles	21
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Pasta w/Cheese		Banana Bread		Mixed Vegetables		Rice and Beans		Crackers and Cheese
	Milk		Milk		Milk		Fresh Juice		Milk
Corn Flakes	24	Biscuits	25	Rice Pudding	26	Crepes	27	Scrambled Eggs	28
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Mini Pizza		Carrots with Ranch		Quesadillas		Fresh Fruit		Very Berry Crackers
	Juice		Milk		Juice		Milk		Fruit Float

Menu is subject to change without notice

April 2017

Breakfast and PM Snack at The CCC

Preschool