


March 2015

Breakfast and PM Snack at The CCC

Preschool Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
Whole Grain Cereal	2	Warm Oatmeal	3	Breakfast Burritos	4	English Muffins	5	Crepes	6
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Pasta w/Parmesan-Cheese Juice		Veggies & Cheese Milk		Fruit & Yogurt Milk		Quesadillas Milk		Fresh Fruit Milk	
Potato Pancakes	9	Omelet	10	French Toast	11	Whole Grain Waffles	12	Cream Cheese Bagel	13
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Carrots w/ranch Milk		Rice with Beans Milk		Fruit w/Cottage Cheese Milk		Jello Milk		Applesauce & Raisins Milk	
Cinnamon Rolls	16	Whole Grain Cereal	17	Eggs w/Toast	18	Granola w/Yogurt	19	Angel Biscuits	20
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Muffins Milk		Soft Pretzels Milk		Fruit Salad Milk		Corn Cobbettes Milk		Crackers	
Very Berry Fruit Float									
English Muffins	23	Cream Cheese Bagel	24	Rice Pudding	25	Boiled Eggs	26	Whole Grain Scones	27
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Quesadillas Milk		Applesauce & Raisins Milk		Corn Bread Milk		Baked Potato Milk		Fruit Salad Milk	
Whole Grain Cereal	30	Warm Oatmeal	31	MEALS at 9:15am & 3:15pm MIN. SERVING SIZES: -Milk or Fruit Juice 3/4 cup - Cheese 1½ oz -Veggies or Fruits 1/2 cup - Eggs 1 egg - Cereal 1/3 cup - Beans or Peas 3/8 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup				 THE CHILDREN'S CENTER AT CALTECH	
Fresh Fruit		Fresh Fruit							
Milk		Milk							
Pasta w/Parmesan-Cheese Juice		Veggies & Cheese Milk							

Menu is subject to change without notice.