


Monday		Tuesday		Wednesday		Thursday		Friday	
Pancakes Fresh Fruit Milk Fresh Fruit Milk	3	Yogurt & Cheerios Fresh Fruit Milk Banana Bread Milk	4	Toast Fresh Fruit Milk Mixed Veggies Milk	5	Cinammon Rolls Fresh Fruit Milk Applesauce & Raisins Milk	6	Omelettes Fresh Fruit Milk Oatmeal Crisps Milk	7
Bagels Cream Cheese Fresh Fruit Milk Mixed Veggies Milk	10	Oatmeal Fresh Fruit Milk Pasta/Cheese Milk	11	Cinnamon Rolls Fresh Fruit Milk Fresh Fruit Milk	12	Breakfast Burritos Fresh Fruit Milk Cornbread Milk	13	Cereal Fresh Fruit Milk Banana Milk	14
Toast Fresh Fruit Milk Pita & Cream Cheese Milk	17	Pancakes Fresh Fruit Milk Zucchini Stix Milk	18	Biscuits Fresh Fruit Milk Baked Potatoes Milk	19	French Toast Fresh Fruit Milk Carrots with Ranch Milk	20	Scrambled Eggs Fresh Fruit Milk Mini Pizza Milk	21
French Toast Fresh Fruit Milk Peaches & Cottage Cheese Milk	24	Waffles Fresh Fruit Milk Mixed Veggies Milk	25	Breakfast Burritos Fresh Fruit Milk Cucumbers Ranch Milk	26	Cinammon Rolls Fresh Fruit Milk Fresh Fruit Milk	27	Yogurt & Cheerios Fresh Fruit Milk Muffins Milk	28
				 <p>THE CHILDREN'S CENTER AT CALTECH</p>		<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <ul style="list-style-type: none"> -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup <ul style="list-style-type: none"> - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup 			