


Monday		Tuesday		Wednesday		Thursday		Friday	
 <p>THE CHILDREN'S CENTER AT CALTECH</p>		Hot Oatmeal	1	Toast	2	Omelettes	3	Toast	4
		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
		Banana Bread Milk		Mixed Veggies Milk		Oatmeal Bites Milk		Apple Sauce/Raisins Milk	
		Cottage Cheese Milk	8	Bagels	9	Scrambled Eggs	10	Cereal	11
Labor Day Holiday No School				Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
		Mini Pizza Milk		Fresh Fruit Milk		Quesadillas Milk		Pasta Milk	
Cereal	14	Pancakes	15	Biscuits	16	French Toast	17	Scrambled Eggs	18
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Zucchini Bread Milk		Fresh Fruit Milk		Baked Potatoes Milk		Carrots with Ranch Milk		Mini Pizza Milk	
French Toast	21	Waffles	22	Breakfast Burritos	23	Cinammon Rolls	24	Cereal	25
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Peaches & Cottage Cheese Milk		Mixed Veggies Milk		Cucumbers Ranch Milk		Fresh Fruit Milk		Muffins Milk	
Cinammon Rolls	28	Scrambled Eggs	29	Toast	30	MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES:      MINIMUM SERVING SIZES: -Milk or Fruit Juice 1/2 cup      - Cheese 1 oz -Veggies or Fruits 1/4 cup      - Eggs 1 egg - Cereal E331/4 cup      - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup      - Yogurt 1/4 cup			
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk					
Fresh Fruit Milk		Mini Pizza Milk		Pita & Cream Chesse Milk					