


Monday		Tuesday		Wednesday		Thursday		Friday	
 <p>THE CHILDREN'S CENTER AT CALTECH</p>		Yogurt Fresh Fruit Milk	1	Pancakes Fresh Fruit Milk	2	Oatmeal Fresh Fruit Milk	3	Toast Fresh Fruit Milk	4
		Muffins Milk		Mixed Veggies Milk		Banana Bites Milk		Applesauce/Raisins Milk	
		Cottage Cheese Milk	8	Bagels & Cream Cheese Fresh Fruit Milk	9	Scrambled Eggs Fresh Fruit Milk	10	Cereal Fresh Fruit Milk	11
Labor Day Holiday No School	7	Mini Pizza Milk		Fresh Fruit Milk		Quesadillas Milk		Pasta/Cheese Milk	
Yogurt Fresh Fruit Milk	14	Pancakes Fresh Fruit Milk	15	Biscuits Fresh Fruit Milk	16	French Toast Fresh Fruit Milk	17	Scrambled Eggs Fresh Fruit Milk	18
Pita & Cheese Milk		Fresh Fruit Milk		Baked Potatoes Milk		Carrots with Ranch Milk		Grilled Cheese Sandwich Milk	
Bagels/Cream Cheese Fresh Fruit Milk	21	Waffles Fresh Fruit Milk	22	Breakfast Burritos Fresh Fruit Milk	23	Cinammon Rolls Fresh Fruit Milk	24	Yogurt & Cheerio Fresh Fruit Milk	25
Peaches & Cottage Cheese Milk		Mixed Veggies Milk		Cucumbers Ranch Milk		Fresh Fruit Milk		Muffins Milk	
Crepes Fresh Fruit Milk	28	Scrambled Eggs Fresh Fruit Milk	29	Toast Fresh Fruit Milk	30	<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <ul style="list-style-type: none"> - Milk or Fruit Juice 1/2 cup - Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup 			
Fresh Fruit Milk		Mini Pizza Milk		Crackers & Cream Chesse Milk					

Menu is subject to change without notice

September 2015

Breakfast and PM Snack at The CCC

Preschool Menu