


Monday		Tuesday		Wednesday		Thursday		Friday	
Omelette Fresh Fruit Milk  Whenever Bars Milk	2	Rice Pudding Fresh Fruit Milk  Fresh Fruit Milk	3	Potato Pancakes Fresh Fruit Milk  Crackers with Hummus Milk	4	Cereal Fresh Fruit Milk  Corn Cobbettes Milk	5	Toast Fresh Fruit Milk  Applesauce and Raisins Milk	6
Cinnamon Rolls Fresh Fruit Milk  Fresh Fruit Milk	9	Scrambled Eggs Fresh Fruit Milk  Crackers with Cheese Milk	10	School Closed! Enjoy your Day!		Corn Flakes Fresh Fruit Milk  Orange Bread Milk	12	Hot Oatmeal Fresh Fruit Milk  Pasta/Cheese Milk	13
Rice Krispies Fresh Fruit Milk  Quesadillas Milk	16	Pancakes Fresh Fruit Milk  Fresh Fruit Milk	17	Biscuits Fresh Fruit Milk  Rice with Beans Milk	18	French Toast Fresh Fruit Milk  Pineapple w/Cottage Chese Milk	19	Scrambled Eggs Fresh Fruit Milk  Super Soft Pretzels Milk	20
Bagels/Cream Cheese Fresh Fruit Milk  Peaches & Cottage Cheese Milk	23	Waffles Fresh Fruit Milk  Mixed Veggies Milk	24	Breakfast Burritos Fresh Fruit Milk  Fruit and Yogurt Milk	25	Thanksgiving Holiday- See you Monday!			27
Crepes Fresh Fruit Milk  Fresh Fruit Milk	30			MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup			MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		 THE CHILDREN'S CENTER AT CALTECH

\*\*\*Menu is subject to change without notice\*\*\*

**November 2015**

**Breakfast and PM Snack at The CCC**

**Preschool**