

Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Oatmeal 1 Fresh Fruit Milk Muffin Milk	Potato Pancakes 2 Fresh Fruit Milk Crackers with Hummus Milk	Omelette 3 Fresh Fruit Milk Unleavened Bread Milk	Toast 4 Fresh Fruit Milk Pasta Milk
Cinnamon Rolls 7 Fresh Fruit Milk Fresh Fruit Milk	Scrambled Eggs 8 Fresh Fruit Milk Crackers with Cheese Milk	Biscuits 9 Fresh Fruit Milk Jello Milk	Corn Flakes 10 Fresh Fruit Milk Orange Bread Milk	Rice pudding 11 Fresh Fruit Milk Pasta/Cheese Milk
Rice Krispies 14 Fresh Fruit Milk Mini Pizza Milk	Pancakes 15 Fresh Fruit Milk Fresh Fruit Milk	Granola w/Yogurt 16 Fresh Fruit Milk Rice with Beans Milk	Mashed Potato Rolls 17 Fresh Fruit Milk Pineapple w/Cottage Chese Milk	Scrambled Eggs 18 Fresh Fruit Milk Super Soft Pretzels Milk
Bagels/Cream Cheese 21 Fresh Fruit Milk Peaches & Cottage Cheese Milk	Waffles 22 Fresh Fruit Milk Mixed Veggies Milk	Breakfast Burritos 23 Fresh Fruit Milk Fruit and Yogurt Milk	Corn Flakes 24 Fresh Fruit Milk Gingerbread Milk	25 CCC Closed
28 CCC Closed		MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup		MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup



Menu is subject to change without notice

December 2015

Breakfast and PM Snack at The CCC

Preschool