Breakfast and PM Snack at The CCC

Monday	Tuesday	Wednesday	Thursday	Friday
Oatmeal 4	Toast 5	Omelette 6	Biscuits 7	French Toast 8
Fresh Fruit	Fresh Fruit	Fresh Fruit	Cheerios	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Quesadillas	Rice and Beans	Pasta and Cheese	Lentil Soup	Applesauce and Raisins
Milk	Mill	Milk	Milk	Milk
Bagels&CreamCheese 11	Cinnamon Roll 12	Toast 13	Scrambled Eggs 14	Crepes 15
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Fresh Fruit	Mixed Veggies	Mini Pizza	Muffins	Baked Potato
Milk	Mill	Milk	Milk	Milk
18	Yogurt & Cheerios 19	Bagels&Cream Cheese 20	Scones 21	Oatmeal 22
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
CCC Closed	Milk	Milk	Milk	Milk
	Muffins	Corn Cobbettes	Carrots with Ranch	Muffins
	Mill	Milk	Milk	Milk
Biscuits 25	Waffles 26	Breakfast Burritos 27	Pancakes 28	Toast 29
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Peaches & Cottage Cheese	Mixed Veggies	Pasta & Cheese	Rice and Beans	Mini Pizza
Milk	Milh	Milk	Milk	Milk
		MEAL TIMES: 9:	15am & 3pm	- 114
		MIN. SERVING SIZES:	MINIMUM SERVING SIZES:	
		-Milk or Fruit Juice 1/2 cup	- Cheese 1 oz	
		-Veggies or Fruits 1/4 cup	- Eggs 1 egg	A July
		- Cereal 1/4 cup	- Beans or Peas 1/4 cup	THE CHILDREN'S
		- Pasta or Noodles 1/4 cup	- Yogurt 1/4 cup	CENTER AT CALTECH

Menu is subject to change without notice