


Monday		Tuesday		Wednesday		Thursday		Friday	
Omelette Fresh Fruit Milk  Lentils Milk	4	Rice Pudding Fresh Fruit Milk  Fresh Fruit Milk	5	Potato Pancakes Fresh Fruit Milk  Pita with Hummus Milk	6	Cereal Fresh Fruit Milk  Mixed Veggies Milk	7	Toast Fresh Fruit Milk  Applesauce and Raisins Milk	8
Cinnamon Rolls Fresh Fruit Milk  Fresh Fruit Milk	11	Scrambled Eggs Fresh Fruit Milk  Crackers with Cheese Milk	12	Bagels w/cream cheese Fresh Fruit Milk  Yogurt w/Fruit Milk	13	Corn Flakes Fresh Fruit Milk  Orange Bread Milk	14	Hot Oatmeal Fresh Fruit Milk  Pasta/Cheese Milk	15
CCC Closed	18	Crepes Fresh Fruit Milk  Fresh Fruit Milk	19	Biscuits Fresh Fruit Milk  Rice with Beans Milk	20	Scones Fresh Fruit Milk  Pineapple w/Cottage Chese Milk	21	Scrambled Eggs Fresh Fruit Milk  Super Soft Pretzels Milk	22
Bagels/Cream Cheese Fresh Fruit Milk  Peaches & Cottage Cheese Milk	25	Waffles Fresh Fruit Milk  Mixed Veggies Milk	26	Breakfast Burritos Fresh Fruit Milk  Fruit Salad Milk	27	Yogurt & Granola Fresh Fruit Milk  Grilled Cheese Sandwich Fresh Juick	28	Rice Krispies Fresh Fruit Milk  Zucchini Sticks Milk	29
				MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup			MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		 THE CHILDREN'S CENTER AT CALTECH

\*\*\*Menu is subject to change without notice\*\*\*

**January 2016**

**Breakfast and PM Snack at The CCC**

**Preschool**