


Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		 <p>THE CHILDREN'S CENTER AT CALTECH</p>		Potato Pancakes 1 Fresh Fruit Milk Watermelon Milk			
HOLIDAY SCHOOL CLOSED		4	Yogurt w/Granola	5	Toast	6	Scrambled Eggs	7	Bagels w/Cream Cheese	8	
		Fresh Fruit Milk		Banana Bread Milk		Cottage Cheese w/Peaches Milk		Quesadillas Milk		Fresh Fruit Milk Orange Creamsicles Milk	
Breakfast Burrito		11	Crepes	12	Rice Pudding	13	Oven Potato	14	Cereal	15	
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Veggies Milk		Fresh Fruit Milk		Cheese Crackers Milk		Pineapple w/Cottage Chese Milk		Super Soft Pretzels Milk			
Bagels/Cream Cheese		18	Waffles	19	Omelettes	20	Yogurt & Granola	21	Rice Krispies	22	
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Fresh Fruit Milk		Mixed Veggies Milk		Oatmeal Bites Milk		Grilled Cheese Sandwich Fresh Juice		Very Berry Crackers Fruit Float			
Hot Oatmeal		25	French Toast	26	Cinnamon Rolls	27	Scrambled Eggs	28	Cereal	29	
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Milk		Fresh Fruit Milk	
Crackers w/Cream Cheese & Jelly Milk		Peaches & Cottage Cheese Juice		Corn Cobbettes Milk		Jello Milk		Pasta w/Cheese Milk			

Menu is subject to change without notice

July 2016

Breakfast and PM Snack at The CCC

Preschool