


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>THE CHILDREN'S CENTER AT CALTECH</p>	<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <p>-Milk or Fruit Juice 1/2 cup - Cheese 1 oz</p> <p>-Veggies or Fruits 1/4 cup - Eggs 1 egg</p> <p>- Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup</p> <p>- Pasta or Noodles 1/4 cup - Yogurt 1/4 cup</p>		<p>Biscuits 1</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Fruit Salad</p> <p>Milk</p>	<p>Breakfast Burrito 2</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Orange Fruit Pops</p> <p>Milk</p>
	<p>5</p> <p>No School - Labor Day</p>	<p>6</p> <p>Cereal</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Banana Bread</p> <p>Milk</p>	<p>7</p> <p>Pancakes</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Cottage Cheese w/Peaches</p> <p>Milk</p>	<p>8</p> <p>Scrambled Eggs</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Pita with cream cheese</p> <p>Milk</p>
<p>12</p> <p>Omelette</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Rice and Beans</p> <p>Milk</p>	<p>13</p> <p>Hot Oatmeal</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Mini Pizza</p> <p>Milk</p>	<p>14</p> <p>Bagels w/Cream Cheese</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Fruit and Yogurt</p> <p>Milk</p>	<p>15</p> <p>Oven Potato</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Quesadilla</p> <p>Milk</p>	<p>16</p> <p>Cereal</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Blueberry Muffins</p> <p>Milk</p>
<p>19</p> <p>Toast</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Fresh Fruit</p> <p>Milk</p>	<p>20</p> <p>Waffles</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Mixed Veggies</p> <p>Milk</p>	<p>21</p> <p>Scrambled Eggs</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Oatmeal Bites</p> <p>Milk</p>	<p>22</p> <p>Yogurt & Granola</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Grilled Cheese Sandwich</p> <p>Fresh Juice</p>	<p>23</p> <p>Rice Pudding</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Very Berry Crackers</p> <p>Fruit Float</p>
<p>26</p> <p>Hot Oatmeal</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Crackers w/Cream Cheese & Jelly</p> <p>Milk</p>	<p>27</p> <p>French Toast</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Peaches & Cottage Cheese</p> <p>Juice</p>	<p>28</p> <p>Cinnamon Rolls</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Corn Cobbettes</p> <p>Milk</p>	<p>29</p> <p>Breakfast Burritos</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Lentil Soup</p> <p>Milk</p>	<p>30</p> <p>Scones</p> <p>Fresh Fruit</p> <p>Milk</p> <p>Fruit Salad</p> <p>Milk</p>

Menu is subject to change without notice

September 2016

Breakfast and PM Snack at The CCC

Preschool