


Monday		Tuesday		Wednesday		Thursday		Friday	
Omelette Fresh Fruit Milk Baked Potato Milk	3	Waffles Fresh Fruit Milk Rice and Beans Milk	4	Pancakes Fresh Fruit Milk Mixed Veggies Milk	5	Biscuits Fresh Fruit Milk Quesadillas Milk	6	Oatmeal Fresh Fruit Milk Pasta w/Cheese Milk	7
Yogurt & Cheerios Fresh Fruit Milk Apple Muffins Milk	10	Toast Fresh Fruit Milk Fresh Fruit Milk	11	Oatmeal Fresh Fruit Milk Banana Muffins Milk	12	Scrambled Eggs Fresh Fruit Milk Mini Pizza Milk	13	Crepes Fresh Fruit Milk Lentil Soup Milk	14
French Toast Fresh Fruit Milk Mixed Veggies Milk	17	Cinnamon Rolls Fresh Fruit Milk Corn Cobbettes Milk	18	Bagels&Cream Cheese Fresh Fruit Milk Pineapple w/Cottage Cheese Milk	19	Oatmeal Fresh Fruit Milk Banana Bites Milk	20	Scrambled Eggs Fresh Fruit Milk Cheese Crackers Milk	21
Biscuits Fresh Fruit Milk Quesadillas Milk	24	Waffles Fresh Fruit Milk Lentil Soup Milk	25	Breakfast Burritos Fresh Fruit Milk Pasta w/Cheese Milk	26	Pancakes Fresh Fruit Milk Rice and Beans Milk	27	Yogurt & Cheerios Fresh Fruit Milk Muffins Milk	28
Cinnamon Roll Fresh Fruit Milk Mini Pizza Milk	31	<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <ul style="list-style-type: none"> -Milk or Fruit Juice 1/2 cup - Cheese 1 oz -Veggies or Fruits 1/4 cup - Eggs 1 egg - Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup 				 <p>THE CHILDREN'S CENTER AT CALTECH</p>			

Menu is subject to change without notice