


Monday		Tuesday		Wednesday		Thursday		Friday	
Toast Fresh Fruit Milk Fruit Salad Milk	3	Oven Potato Fresh Fruit Milk Cheese Crackers Juice	4	Hot Oatmeal Fresh Fruit Milk Soft Pretzel Milk	5	Biscuits Fresh Fruit Milk Yogurt w/Fruit Milk	6	Breakfast Burrito Fresh Fruit Milk Orange Fruit Pops Milk	7
Yogurt & Granola Fresh Fruit Milk Rice Balls Milk	10	Cereal Fresh Fruit Milk Banana Bread Milk	11	Pancakes Fresh Fruit Milk Cottage Cheese w/Peaches Milk	12	Scrambled Eggs Fresh Fruit Milk Corn Cobbettes Milk	13	Cinnamon Rolls Fresh Fruit Milk Applesauce w/Raisins Milk	14
Omelette Fresh Fruit Milk Apricot Orange Bread Milk	17	Hot Oatmeal Fresh Fruit Milk Mini Pizza Milk	18	Bagels w/Cream Cheese Fresh Fruit Milk Fruit and Yogurt Milk	19	Oven Potato Fresh Fruit Milk Quesadilla Milk	20	Cereal Fresh Fruit Milk Blueberry Muffins Milk	21
Hot Oatmeal Fresh Fruit Milk Crackers w/Cream Cheese & Jelly Milk	24	Waffles Fresh Fruit Milk Mixed Veggies Milk	25	Scrambled Eggs Fresh Fruit Milk Oatmeal Bites Milk	26	Yogurt & Granola Fresh Fruit Milk Rice and Beans Milk	27	Rice Pudding Fresh Fruit Milk Very Berry Crackers Fruit Float	28
Pancakes Fresh Fruit Milk Fruit Salad Milk	31	<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <ul style="list-style-type: none"> -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup 				 <p>THE CHILDREN'S CENTER AT CALTECH</p>			

Menu is subject to change without notice

October 2016

Breakfast and PM Snack at The CCC

Preschool