


Monday		Tuesday		Wednesday		Thursday		Friday			
 <p>THE CHILDREN'S CENTER AT CALTECH</p>		<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <p>-Milk or Fruit Juice 1/2 cup - Cheese 1 oz</p> <p>-Veggies or Fruits 1/4 cup - Eggs 1 egg</p> <p>- Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup</p> <p>- Pasta or Noodles 1/4 cup - Yogurt 1/4 cup</p>						Yogurt	1	Scrambled Eggs	2
		Fresh Fruit		Fresh Fruit		Fresh Fruit		Milk		Fresh Fruit	
Yogurt & Cheerios	3	Toast	4	Oatmeal	5	Scrambled Eggs	6	Oven Potato	7		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Milk			
Milk		Milk		Milk		Milk					
Apple Muffins		Fresh Fruit		Banana Muffins		Mini Pizza		Orange Bread			
Milk		Milk		Milk		Milk		Milk			
French Toast	12	Pancakes	13	Toast	14	Scrambled Eggs	15	Yogurt w/Cheerios	16		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit			
Milk		Milk		Milk		Milk		Milk			
Corn Cobquettes		Mixed Veggies		Applesauce		Quesadillas		Muffins			
Milk		Milk		Milk		Milk		Milk			
Biscuits	19	Waffles	20	Breakfast Burritos	21	Oatmeal	22		23		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		No School - Winter Break Starts			
Milk		Milk		Milk		Milk					
Crackers w/Cream Cheese		Lentil Soup		Pasta w/Cheese		Apple Muffins					
Milk		Milk		Milk		Milk					
	26		27		28		29		30		
<p>Winter Break! We hope you enjoy this time with family and friends! We will see you back on Jan. 3rd!</p>											

Menu is subject to change without notice