


Monday		Tuesday		Wednesday		Thursday		Friday			
 <p>THE CHILDREN'S CENTER AT CALTECH</p>		<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <p>-Milk or Fruit Juice 1/2 cup - Cheese 1 oz</p> <p>-Veggies or Fruits 1/4 cup - Eggs 1 egg</p> <p>- Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup</p> <p>- Pasta or Noodles 1/4 cup - Yogurt 1/4 cup</p>						<p>Biscuits 1</p> <p>Fresh Fruit Milk</p> <p>Applesauce Milk</p>		<p>Cereal 2</p> <p>Fresh Fruit Milk</p> <p>Banana Bread Milk</p>	
		<p>French Toast 5</p> <p>Fresh Fruit Milk</p> <p>Mixed Veggies Milk</p>		<p>Yogurt & Granola 6</p> <p>Fresh Fruit Milk</p> <p>Cheese Crackers Milk</p>		<p>Pancakes 7</p> <p>Fresh Fruit Milk</p> <p>Cottage Cheese w/Peaches Milk</p>		<p>Breakfast Burrito 8</p> <p>Fresh Fruit Milk</p> <p>Corn Cobbettes Milk</p>		<p>Cinnamon Rolls 9</p> <p>Fresh Fruit Milk</p> <p>Lentil Soup Milk</p>	
<p>Omelette 12</p> <p>Fresh Fruit Milk</p> <p>Fruit and Yogurt Milk</p>		<p>Hot Oatmeal 13</p> <p>Fresh Fruit Milk</p> <p>Mini Pizza Milk</p>		<p>Toast 14</p> <p>Fresh Fruit Milk</p> <p>Applesauce Milk</p>		<p>Scrambled Eggs 15</p> <p>Fresh Fruit Milk</p> <p>Quesadilla Milk</p>		<p>Rice Krispies 16</p> <p>Fresh Fruit Milk</p> <p>Blueberry Muffins Milk</p>			
<p>Cornflakes 19</p> <p>Fresh Fruit Milk</p> <p>Crackers w/Cream Cheese & Jelly Milk</p>		<p>Waffles 20</p> <p>Fresh Fruit Milk</p> <p>Mixed Veggies Milk</p>		<p>Scrambled Eggs 21</p> <p>Fresh Fruit Milk</p> <p>Oatmeal Bites Milk</p>		<p>Bagels & Cream Cheese 22</p> <p>Fresh Fruit Milk</p> <p>Pasta w/Cheese Milk</p>		<p>23</p> <p>No School - Winter Break Starts</p>			
<p>26</p>		<p>27</p>		<p>28</p>		<p>29</p>		<p>30</p>			
<p>Winter Break! We hope you enjoy this time with friends and family! We will See you back Jan. 3rd!</p>											

Menu is subject to change without notice

December 2016

Breakfast and PM Snack at The CCC

Preschool