January 2017

Breakfast and PM Snack at The CCC

Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School - Winter Break	3 Omelettes Fresh Fruit Milk Lentils Milk	4 Toast Fresh Fruit Milk Mixed Veggies Milk	5 Biscuits Fresh Fruit Milk Applesauce Milk	6 Cereal Fresh Fruit Milk Banana Bread Milk
9 French Toast Fresh Fruit Milk Rice and Beans Milk	10 Yogurt & Granola Fresh Fruit Milk Cheese Crackers Milk	11 Pancakes Fresh Fruit Milk Cottage Cheese w/Peaches Milk	12 Breakfast Burrito Fresh Fruit Milk Corn Cobbettes Milk	13 Cinnamon Rolls Fresh Fruit Milk Fresh Fruit Milk
16 No School - MLK Jr. Day	17 Hot Oatmeal Fresh Fruit Milk Mini Pizza Milk	18 Toast Fresh Fruit Milk Fruit Salad Milk	19 Scrambled Eggs Fresh Fruit Milk Oven Potato Milk	20 Rice Krispies Fresh Fruit Milk Blueberry Muffins Milk
23 Cornflakes Fresh Fruit Milk Crackers w/Cream Cheese & Jelly Milk	24 Waffles Fresh Fruit Milk Mixed Veggies Milk	25 Scrambled Eggs Fresh Fruit Milk Oatmeal Bites Milk	26 Bagels & Cream Cheese Fresh Fruit Milk Fresh Fruit Milk	27 Rice Pudding Fresh Fruit Milk Quesadillas Milk
30 Scones Fresh Fruit Milk Fresh Fruit Milk	31 Cereal Fresh Fruit Milk Pasta w/Cheese Milk	THE CHILDREN'S CENTER AT CALTECH	MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup	MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup

Menu is subject to change without notice

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