

Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		Scrambled Eggs 1 Fresh Fruit Milk Pasta & Cheese Milk		Oven Potatoes 2 Fresh Fruit Milk Mixed Veggies Milk		Rice Krispies 3 Fresh Fruit Milk Crackers w/Cream Cheese Juice	
Cinnamon Rolls 6		Hot Oatmeal 7		Bagels w/cream cheese 8		Corn Flakes 9		Omlettes 10			
Fresh Fruit Milk Fresh Fruit Salad Milk		Fresh Fruit Milk Cheese Crackers Milk		Fresh Fruit Milk Yogurt w/Fruit Milk		Fresh Fruit Milk Orange Bread Milk		Fresh Fruit Milk Pasta/Cheese Milk			
Oven Potato 13		Crepes 14		Rice Krispies 15		Biscuits 16		Scrambled Eggs 17			
Fresh Fruit Milk Corn Cobbettes Milk		Fresh Fruit Milk Fresh Fruit Milk		Fresh Fruit Milk Rice with Beans Milk		Fresh Fruit Milk Pineapple w/Cottage Chese Milk		Fresh Fruit Milk Super Soft Pretzels Milk			
Hot Oatmeal 20		Waffles 21		Breakfast Burritos 22		Yogurt & Granola 23		Rice Krispies 24			
Fresh Fruit Milk Oatmeal Bites Milk		Fresh Fruit Milk Lentil Soup Milk		Fresh Fruit Milk Fruit Salad Milk		Fresh Fruit Milk Grilled Cheese Sandwich Fresh Juick		Fresh Fruit Milk Zucchini Bread Milk			
Corn Flakes 27		Biscuits 28		Rice Pudding 29		Pancakes 30		Scrambled Eggs 31			
Fresh Fruit Milk Mini Pizza Juice		Fresh Fruit Milk Cottage Cheese w/ Peaches Milk		Fresh Fruit Milk Quesadillas Juice		Fresh Fruit Milk Fresh Fruit Milk		Fresh Fruit Milk Very Berry Crackers Fruit Float			



Menu is subject to change without notice

March 2017

Breakfast and PM Snack at The CCC

Preschool