


Monday		Tuesday		Wednesday		Thursday		Friday	
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		 THE CHILDREN'S CENTER AT CALTECH			
Scrambled Eggs	3	Yogurt & Cheerios	4	Cinnamon Rolls	5	Waffles	6	Breakfast Burrito	7
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Veggies		Cheese Crackers		Pasta w/Cheese		Fresh fruit salad		Mixed Veggies
	Milk		Milk		Milk		Milk		Milk
Biscuits	10	Oatmeal	11	Scrambled Eggs	12	Bagels w/Cream Cheese	13	French Toast	14
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Lentil Soup		Grilled Cheese Sandwich		Applesauce & Raisins		Corn Cobbettes		Quesadillas
	Milk		Milk		Milk		Milk		Milk
Toast	17	Yogurt & Cheerios	18	Pancakes	19	Breakfast Burritos	20	Waffles	21
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Pasta w/cheese		Banana Bread		Mixed Veggies		Rice and Beans		Crackers and Cheese
	Milk		Milk		Milk		Milk		Milk
Scrambled Eggs	24	Bagels w/Cream Cheese	25	French Toast	26	Biscuits	27	Cinnamon Rolls	28
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Quesadillas		Lentil Soup		Mini Pizza		Crackers w/Cream Cheese		Fresh Fruit
	Milk		Milk		Milk		Milk		Milk

Menu is subject to change without notice

April 2017

Breakfast and PM Snack at The CCC

Infant/Toddler Menu