## **Breakfast and PM Snack at The CCC**

Monday		Tuesday			Wednesday		Thursday		Friday	
Breakfast Burritos	2	Yogurt d	& Cheerios	3	Bagels w/ Cream Cheese	4	Biscuits	5	Oatmeal	6
Fresh Fruit		Fresh Fru	ıit		Fresh Fruit		Fresh fruit		Fresh Fruit	
Milk		Milk			Milk		Milk		Milk	
Pasta & Cheese		Banana Muffins			Mixed Veggies		Lentil Soup		Crackers & Cheese	
	Milk			Milk		Milk		Milk		Milk
French Toast	9	Cottage C	heese	10	Cinnamon Rolls	11	Bagel/Cream Cheese	12	Scrambled Eggs	13
Fresh Fruit		Peaches			Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk			Milk		Milk		Milk	
Rice and E	Beans		M	uffins	Applesauce and Ra	isins	Fresh fruit	Salad		Muffins
	Milk			Milk	l	Milk		Milk		Milk
Waffles	16	Toast			Biscuits		Scones		Yogurt	20
Fresh Fruit	_	Fresh Fru	ıit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk			Milk		Milk		Milk	
Oven Potatoes			Pasta w/C	1	AAbaad Vaaa	- <b>:</b>	AA ::	D:		M££:
			Pasta W/C		Mixed Vegg			Pizza		Muffins
Cinna and Dalla	Milk	\/ · · · • •	Al	Milk		Milk		Milk	Datata Danada	Milk
Cinnamon Rolls		Yogurt &		24	Pancakes	25	Bagels w/Cream Cheese	26	Potato Pancakes	27
Fresh Fruit		Fresh Fru	IIT		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk			Milk		Milk		Milk	
Ques	adilla		Banana	Bread	Grilled Cheese Sand	wich	Lentil	Soup		Muffins
	Milk			Milk		Milk		Milk		Milk
Scrambled Eggs 30		French Toast 31					MEAL TIMES: 9:15am & 3pm			
Fresh Fruit		Fresh Fruit			11/		MIN. SERVING SIZES: MINIMUM SERVING SIZES:			
Milk		Milk					-Milk or Fruit Juice 1/2	cup	- Cheese 1 oz	
					ريان الم		-Veggies or Fruits 1/4	cup	- Eggs 1 egg	
Rice and E	Beans		Mini	Pizza	THE CHILDREN'S		- Cereal 1/4 cup		- Beans or Peas	1/4 cup
Milk				Milk	CENTER AT CALTECH		- Pasta or Noodles 1/4	cup	- Yogurt 1/4 cu	р
							•			

\*\*\*Menu is subject to change without notice\*\*\*