


Monday		Tuesday		Wednesday		Thursday		Friday	
Bagels w/Cream Cheese Fresh Fruit Milk Applesauce & Raisins Milk	2	Oven Potatoes Fresh Fruit Milk	3	Unleavened Bread Fresh Fruit Milk	4	Egg Sandwich Fresh Fruit Milk	5	Scones Fresh Fruit Milk	6
Cereal Fresh Fruit Milk	9	Oven Potatoes Fresh Fruit Milk	10	Cinnamon Rolls Fresh Fruit Milk	11	Waffles Fresh Fruit Milk	12	Scrambled Eggs Fresh Fruit Milk	13
Toast Fresh Fruit Milk	16	Rice Krispies Fresh Fruit Milk	17	Pancakes Fresh Fruit Milk	18	Omlettes Fresh Fruit Milk	19	Rice Pudding Fresh Fruit Milk	20
French Toast Fresh Fruit Milk	23	Breakfast Burrito Fresh Fruit Milk	24	Cinnamon Rolls Fresh Fruit Milk	25	Bagels w/Cream Cheese Fresh Fruit Milk	26	Waffles Fresh Fruit Milk	27
Cornflakes Fresh Fruit Milk	30	Biscuits Fresh Fruit Milk	31	 <p>THE CHILDREN'S CENTER AT CALTECH</p>		<p>MEAL TIMES: 9:15am & 3pm</p> <p>MIN. SERVING SIZES: MINIMUM SERVING SIZES:</p> <ul style="list-style-type: none"> -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup <ul style="list-style-type: none"> - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup 			
Lentil Soup Milk		Fresh Fruits Milk							

Menu is subject to change without notice

October 2017

Breakfast and PM Snack at The CCC

Preschool