


Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Cereal 1/4 cup - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		Yogurt	1	Oatmeal	2	Biscuits	3
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh fruit		Fresh Fruit			
Milk		Milk		Milk		Milk		Milk			
Mixed Veggies		Mixed Veggies		Mixed Veggies		Muffins		Pasta & Cheese			
Milk		Milk		Milk		Milk		Milk			
Pancakes	6	Cottage Cheese	7	Breakfast Burritos	8	Bagel/Cream Cheese	9	School Closed Staff Development			
Fresh Fruit		Peaches		Fresh Fruit		Fresh Fruit					
Milk		Milk		Milk		Milk					
Fresh Fruit Salad		Oven Potatoes		Applesauce and Raisins		Corn Cobbettes					
Milk		Milk		Milk		Milk					
Waffles	13	Toast	14	Biscuits	15	Scrambled Eggs	16	Yogurt	17		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit			
Milk		Milk		Milk		Milk		Milk			
Lentil Soup		Quesadillas		Mixed Veggies		Mini Pizza		Muffins			
Milk		Milk		Milk		Milk		Milk			
Cinnamon Rolls	20	Oatmeal	21	Pancakes	22	23		24			
Fresh Fruit		Fresh Fruit		Fresh Fruit		School Closed - Thanksgiving Holiday					
Milk		Milk		Milk							
Rice and Beans		Grilled Cheese Sandwich		Crackers & Cheese							
Milk		Milk		Milk							
Bagels & Cream Cheese	27	French Toast	28	Breakfast Burrito	29	Biscuits	30	 THE CHILDREN'S CENTER AT CALTECH			
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit					
Milk		Milk		Milk		Milk					
Mixed Veggies		Mini Pizza		Pasta and Cheese		Corn Cobbette					
Milk		Milk		Milk		Milk					

Menu is subject to change without notice

November 2017

Breakfast and PM Snack at The CCC

Infant/Toddler Menu