## **Breakfast and PM Snack at The CCC**

Monday	Monday		Tuesday		Wednesday		Thursday		Friday	
MEAL TIMES: 9:15am & 3pm			Yogurt & Granola	1	Egg Sandwich	2	Unleavened Bread	3		
MIN. SERVING SIZ	ZES:	MINIMUM SERVING S	ZES:	Fresh Fruit		Fresh Fruit		Fresh Fruit		
-Milk or Fruit Juice 1/2	2 cup	- Cheese 1 oz		Milk		Milk		Milk		
-Veggies or Fruits 1/4	cup	- Eggs 1 egg								
- Cereal 1/4 cup		- Beans or Peas 1	/4 cup	Mixed \	Vegetables	Peaches/Cottage	Cheese	Lent	ril Soup	
- Pasta or Noodles 1/4	cup	- Yogurt 1/4 cup			Milk		Milk		Milk	
Hot Oatmeal	6	Oven Potatoes	7	Cinnamon Rolls	8	Scrambled Eggs	9		10	
Fresh Fruit	<u></u>	Fresh Fruit		Fresh Fruit		Fresh Fruit				
Milk		Milk		Milk		Milk		School Closed		
								Staff Development		
	Pizza	Crackers & Cream	Cheese	Mixed \	Vegetables	Orange	e Bread			
	Juice		Milk		Milk		Milk			
Toast	13	Rice Krispies	14	Pancakes	15	Omlettes	16	Rice Pudding	17	
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		
Milk		Milk		Milk		Milk		Milk		
Rice and Beans		Grilled Cheese Sandwich		Fresh Fruit		Corn Cobbettes		Cheese and Pasta		
	Milk		Milk		Milk		Milk		Milk	
French Toast	20	Breakfast Burrito	21	Cinnamon Rolls	22		23		24	
Fresh Fruit		Fresh Fruit		Fresh Fruit				•		
Milk		Milk		Milk		School Closed	l - Thai	nksgiving Holiday		
Fruit & Yogurt		Mixed Vegetables		Peaches/Cotta	age Cheese					
	Milk		Milk		Milk					
Cornflakes	27	Biscuits	28	Scrambled Eggs	29	Hot Oatmeal	30			
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit			_	
Milk		Milk		Milk		Milk				
L	entil Soup	Fresh	Fruits	Cheese	e Crackers	Que	sadillas	THE CHILDRE CENTER AT CAL		
	Milk		Milk		Juice		Milk	B. The to Top 10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		

\*\*\*Menu is subject to change without notice\*\*\*