


Monday		Tuesday		Wednesday		Thursday		Friday	
		MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: MINIMUM SERVING SIZES: -Milk or Fruit Juice 1/2 cup - Cheese 1 oz -Veggies or Fruits 1/4 cup - Eggs 1 egg - Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup						Cinnamon Rolls 1 Fresh Fruit Milk Applesauce & Raisins Milk	
French Toast 4 Fresh Fruit Milk Corn Cobbettes Milk	Yogurt & Granola 5 Fresh Fruit Milk Orange Bread Milk	Pancakes 6 Fresh Fruit Milk Cottage Cheese w/Peaches Milk	Breakfast Burrito 7 Fresh Fruit Milk Fruit Salad Milk	Cornflakes 8 Fresh Fruit Milk Rice and Beans Milk					
Egg McMuffin 11 Fresh Fruit Milk Fruit and Yogurt Milk	Hot Oatmeal 12 Fresh Fruit Milk Mini Pizza Milk	Cinnamon Rolls 13 Fresh Fruit Milk Mixed Veggies Milk	Biscuits 14 Fresh Fruit Milk Quesadilla Milk	Rice Krispies 15 Fresh Fruit Milk Blueberry Muffins Milk					
Cornflakes 18 Fresh Fruit Milk Crackers w/Cream Cheese & Jelly Milk	Waffles 19 Fresh Fruit Milk Rice and Beans Milk	Scrambled Eggs 20 Fresh Fruit Milk Oatmeal Bites Milk	Bagels & Cream Cheese 21 Fresh Fruit Milk Pasta w/Cheese Milk	Unleavened Bread 22 Fresh Fruit Milk Fresh Fruit Milk					
25	26	27	28	29					
Winter Break! We hope you enjoy this time with friends and family! We will See you back Jan. 2nd!									

Menu is subject to change without notice

December 2017

Breakfast and PM Snack at The CCC

Preschool