March 2018

Breakfast and PM Snack at The CCC

Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
the children's center at caltech	MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup	MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup	1 Hot Oatmeal Fresh Fruit Milk Cheese Pasta Milk	2 Biscuits Fresh Fruit Milk Oven Potatoes Milk
5 Toast Fresh Fruit Milk Mixed Veggies Milk	6 Yogurt & Granola Fresh Fruit Milk Rice & Beans Milk	7 Cereal Fresh Fruit Milk Cornbread Milk	8 Cinnamon Rolls Fresh Fruit Milk Applesauce w/Raisins Milk	9 Scrambled Eggs Fresh Fruit Milk Crackers w/cheese Milk
12 French Toast Fresh Fruit Milk Fruit Salad Milk	13 Cinnamon Rolls Fresh Fruit Milk Fruit Jello Milk	14 Unleavened Bread Fresh Fruit Milk Applesauce and Raisins Milk	15 Omelette Fresh Fruit Milk Mixed Veggies Milk	16 Hot Oatmeal Fresh Fruit Milk Super Soft Pretzels Milk
19 Crepes Fresh Fruit Milk Vanilla Yogurt & Raisins Milk	20 Waffles Fresh Fruit Milk Corn Cobbettes Milk	21 Egg McMuffin Fresh Fruit Milk Fresh Fruit Milk	22 Rice Pudding Fresh Fruit Milk Cheese Crackers Milk	23 Corn Flakes Fresh Fruit Milk Rice & Beans Milk
26 Bagels & Cream Cheese Fresh Fruit Milk Lentil Soup Milk	27 Oven Potatoes Fresh Fruit Milk Fresh Fruit Milk	28 Toast Fresh Fruit Milk Cottage Cheese w/Peaches Milk	29 Breakfast Burritos Fresh Fruit Milk Mixed Veggies Milk	30 Granola with Yogurt Fresh Fruit Milk Cornbread Milk

Menu is subject to change without notice

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