

Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		Toast Fresh Fruit Milk Quesadillas Milk		Pancakes Fresh Fruit Milk Applesauce Milk		Cereal Fresh Fruit Milk Crackers w/Cheese Milk	
Scrambled Eggs Fresh Fruit Milk Rice and Beans Milk	6	Yogurt/Cheerios Fresh Fruit Milk Banana Bread Milk	7	Peaches w/cottage cheese Fresh Fruit Milk Oven Potatoes Milk	8	Bagels w/cream cheese Fresh Fruit Milk Applesauce w/raisins Milk	9	French Toast Milk Corn Cobbettes Milk	10		
Toast Fresh Fruit Milk Quesadillas Milk	13	Yogurt w/Cheerios Fresh Fruit Milk Pasta w/cheese Milk	14	Oatmeal Fresh Fruit Milk Grilled Cheese Sandwich Milk	15	Waffles Fresh Fruit Milk Fresh Fruit Salad Milk	16	Scrambled Eggs Fresh Fruit Milk Crackers w/cheese Milk	17		
Scones Fresh Fruit Milk Mini Pizza Milk	20	Toast Fresh Fruit Milk Mixed Veggies Milk	21	Cottage Cheese Fresh Fruit Milk Banana Muffins Milk	22	Scrambled Eggs Fresh Fruit Milk Grilled Cheese Sandwich Milk	23	Bagels w/cream cheese Fresh Fruit Milk Fresh Fruit Salad Milk	24		
Biscuits Fresh Fruit Milk Applesauce & Raisins Milk	27	Yogurt & Cheerios Fresh Fruit Milk Rice and Beans Milk	28	Breakfast Burritos Milk Pasta w/Cheese Milk	29	Cinnamon Rolls Fresh Fruit Milk Mixed Veggies Milk	30	Pancakes Fresh Fruit Milk Crackers w/cream cheese Milk	31		

Menu is subject to change without notice