# August 2018

**Breakfast and PM Snack at The CCC**

## Infant/Toddler Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEAL TIMES:</strong> 9:15am &amp; 3pm</td>
<td><strong>MINIMUM SERVING SIZES:</strong></td>
<td><strong>MINIMUM SERVING SIZES:</strong></td>
<td></td>
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</tr>
<tr>
<td>- Milk or Fruit Juice 1/2 cup</td>
<td>- Cheese 1 oz</td>
<td>- Eggs 1 egg</td>
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<tr>
<td>- Veggies or Fruits 1/4 cup</td>
<td>- Beans or Peas 1/4 cup</td>
<td>- Pasta or Noodles 1/4 cup</td>
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<tr>
<td>- Grain 1/2 oz. equiv.</td>
<td>- Yogurt 1/4 cup</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Scrambled Eggs</th>
<th>Yogurt/Cheerios</th>
<th>Peaches w/cottage cheese</th>
<th>Bagels w/cream cheese</th>
<th>French Toast</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Milk</td>
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<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td></td>
</tr>
<tr>
<td>Rice and Beans</td>
<td>Banana Bread</td>
<td>Oven Potatoes</td>
<td>Applesauce w/raisins</td>
<td>Corn Cobbettes</td>
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<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Toast</th>
<th>Yogurt w/Cheerios</th>
<th>Oatmeal</th>
<th>Waffles</th>
<th>Scrambled Eggs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
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<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
</tr>
<tr>
<td>Quesadillas</td>
<td>Pasta w/cheese</td>
<td>Grilled Cheese Sandwich</td>
<td>Fresh Fruit Salad</td>
<td>Crackers w/cheese</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Scones</th>
<th>Toast</th>
<th>Cottage Cheese</th>
<th>Scrambled Eggs</th>
<th>Bagels w/cream cheese</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
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<td>Milk</td>
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<td>Milk</td>
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<td>Milk</td>
</tr>
<tr>
<td>Mini Pizza</td>
<td>Mixed Veggies</td>
<td>Banana Muffins</td>
<td>Grilled Cheese Sandwich</td>
<td>Fresh Fruit Salad</td>
</tr>
<tr>
<td>Milk</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Biscuits</th>
<th>Yogurt &amp; Cheerios</th>
<th>Breakfast Burritos</th>
<th>Cinnamon Rolls</th>
<th>Pancakes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit</td>
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<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
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<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
</tr>
<tr>
<td>Applesauce &amp; Raisins</td>
<td>Rice and Beans</td>
<td>Pasta w/cheese</td>
<td>Mixed Veggies</td>
<td>Crackers w/cream cheese</td>
</tr>
<tr>
<td>Milk</td>
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</table>

**MIN. SERVING SIZES:**
- Fresh Fruit 1/2 cup
- Quesadillas 1/2 oz.
- Rice and Beans 1/2 cup
- Mini Pizza 1/2 oz.
- Scones 1/2 oz.
- Biscuits 1/2 oz.

**MEAL TIMES:**
- Monday: 9:15am & 3pm
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**Children's Center Caltech**

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***Menu is subject to change without notice***