

Monday		Tuesday		Wednesday		Thursday		Friday	
Breakfast Burrito	1	Oatmeal	2	Cinnamon Rolls	3	Waffles	4	Toast	5
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Muffins Milk		Oven Potatoes Milk		Pasta w/Cheese Milk		Lentil Soup Milk		Quesadillas Milk	
Scrambled Eggs	8	Yogurt/Cheerios	9	Biscuits	10	Bagels w/cream cheese	11	12	
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		CCC CLOSED ECSTEM Fall Symposium 	
Rice and Beans Milk		Banana Muffins Milk		Fruit Salad Milk		EARLY SCHOOL CLOSURE 2:30			
Toast	15	Yogurt w/Cheerios	16	Oatmeal	17	Waffles	18	Cinnamon Rolls	19
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Quesadillas Milk		Banana Muffins Milk		Oven Potatoes Milk		Corn Cobettes Milk		Crackers w/cheese Milk	
Scones	22	Toast	23	Cottage Cheese	24	Scrambled Eggs	25	Bagels w/cream cheese	26
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Rice and Beans Milk		Mixed Veggies Milk		Orange Bread Milk		Grilled Cheese Sandwich Milk		Fresh Fruit Salad Milk	
Pancakes	29	Yogurt/Cheerios	30	Bagels w/Cream Cheese	31	MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: MINIMUM SERVING SIZES: -Milk or Fruit Juice 1/2 cup - Cheese 1 oz -Veggies or Fruits 1/4 cup - Eggs 1 egg - Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup			
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk					
Corn Cobettes Milk		Lentil Soup Milk		Peaches w/Cottage Cheese Milk					

Menu is subject to change without notice