


Monday		Tuesday		Wednesday		Thursday		Friday			
		MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: MINIMUM SERVING SIZES: -Milk or Fruit Juice 1/2 cup - Cheese 1 oz -Veggies or Fruits 1/4 cup - Eggs 1 egg - Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup						Scrambled Eggs	1	Toast	2
		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
		Milk		Milk		Milk		Milk		Milk	
								Quesadillas		Fruit Salad	
								Milk		Milk	
Scrambled Eggs	5	Cereal	6	Cinnamon Rolls	7	Hot Oatmeal	8	French Toast	9		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit			
Milk		Milk		Milk		Milk		Milk			
Rice and Beans		Banana Bread		Fruit Salad		Unleavened Bread		Yogurt w/Raisins			
Milk		Milk		Milk		Milk		Milk			
Toast	12	Scones	13	Rice Pudding	14	Waffles	15	Scrambled Eggs	16		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit			
Milk		Milk		Milk		Milk		Milk			
Quesadillas		Pasta		Grilled Cheese Sandwich		Fresh Fruit w/Cottage Cheese		Oven Potatoes			
Milk		Milk		Milk		Milk		Milk			
Cinnamon Rolls	19	Biscuits	20	Breakfast Burrito	21		22		23		
Fresh Fruit		Fresh Fruit		Fresh Fruit		School Closed - Thanksgiving Holiday					
Milk		Milk		Milk							
Applesauce		Mixed Veggies		Fresh Fruit							
Milk		Milk		Milk							
Pancakes	26	Hot Oatmeal	27	Bagel w/Cream Cheese	28	Omlettes	29	Cornflakes	30		
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit			
Milk		Milk		Milk		Milk		Milk			
Corn Cobbettes		Lentil Soup		Yogurt w/Raisins		Soft Pretzel		Oatmeal Bites			
Milk		Milk		Milk		Milk		Milk			

Menu is subject to change without notice