


Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		Bagels w/Cream Cheese Fresh Fruit Milk Vanilla Yogurt Milk		Scrambled Eggs Fresh Fruit Milk Quesadillas Milk		Toast Fresh Fruit Milk Fruit Salad Milk	
Breakfast Burrito Fresh Fruit Milk Rice and Beans Milk		Cereal Fresh Fruit Milk Banana Bread Milk		Cinnamon Rolls Fresh Fruit Milk Fruit Salad Milk		Hot Oatmeal Fresh Fruit Milk Unleavened Bread Milk		French Toast Fresh Fruit Milk Yogurt w/Raisins Milk			
Toast Fresh Fruit Milk Quesadillas Milk		Scones Fresh Fruit Milk Pasta Milk		Rice Pudding Fresh Fruit Milk Grilled Cheese Sandwich Milk		Waffles Fresh Fruit Milk Peaches w/Cottage Cheese Milk		Scrambled Eggs Fresh Fruit Milk Oven Potatoes Milk			
CCC Closed MLK Jr. Day		Hot Oatmeal Fresh Fruit Milk Blueberry Bread Milk		Pancakes Fresh Fruit Milk Applesauce & Raisins Milk		Breakfast Burrito Fresh Fruit Milk Corn Cobbettes Milk		Biscuits Fresh Fruit Milk Oven Potatoes Milk			
Corn Flakes Fresh Fruit Milk Lentil Soup Milk		Yogurt & Granola Fresh Fruit Milk Oatmeal Bites Milk		Bagel w/Cream Cheese Fresh Fruit Milk Yogurt w/Raisins Milk		Hot Oatmeal Fresh Fruit Milk Pizza Milk					

\*\*\*Menu is subject to change without notice\*\*\*