


Monday		Tuesday		Wednesday		Thursday		Friday	
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup					
Bagels w/Cream Cheese Fresh Fruit Milk Rice and Beans Milk	3	Yogurt w/Cheerios Fresh Fruit Milk Orange Bread Milk	4	Biscuits Fresh Fruit Milk Quesadillas Milk	5	French Toast Fresh Fruit Milk Mixed Veggies Milk	6	Scrambled Eggs Fresh Fruit Milk Banana Muffins Milk	7
Yogurt w/Cheerios Fresh Fruit Milk Mini Pizza Milk	10	Cottage Cheese Fresh Fruit Milk Pasta w/Cheese Milk	11	Waffles Fresh Fruit Milk Oven Potatoes Milk	12	Breakfast Burritos Fresh Fruit Milk Lentil Soup Milk	13	Pancakes Fresh Fruit Milk Quesadillas Milk	14
Oatmeal Fresh Fruit Milk Banana Bread Milk	17	Toast Fresh Fruit Milk Mixed Veggies Milk	18	Scrambled Eggs Fresh Fruit Milk Muffins Milk	19	Biscuits Fresh Fruit Milk Rice and Beans Milk	20	Scones Fresh Fruit Milk Cheese Crackers Milk	21
Cinnamon Rolls Fresh Fruit Milk Mini Pizza	24	French Toast Fresh Fruit Milk Applesauce & Rasins Milk	25	Breakfast Burritos Fresh Fruit Milk Corn Cobbettes Milk	26	Waffles Fresh Fruit Milk Grilled Cheese Sandwich Dessert Smoothies	27	Bagels w/Cream Cheese Fresh Fruit Milk Pasta Milk	28

\*\*\*Menu is subject to change without notice\*\*\*