


Monday		Tuesday		Wednesday		Thursday		Friday	
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup					
Toast Fresh Fruit Milk Pasta Milk	3	Bagel w/Cream Cheese Fresh Fruit Milk Corn Cobbettes Milk	4	Cereal Fresh Fruit Milk Muffins Milk	5	Scrambled Eggs Fresh Fruit Milk Cheese & Crackers Milk	6	French Toast Fresh Fruit Milk Mixed Veggies Milk	7
Cereal Fresh Fruit Milk Muffins Milk	10	Biscuits Fresh Fruit Milk Jello Milk	11	Rice Pudding Fresh Fruit Milk Quesadillas Milk	12	Oven Potatoes Fresh Fruit Milk Peaches w/Cottage Cheese Milk	13	Breakfast Burritos Fresh Fruit Milk Yogurt w/Fruit Milk	14
Crepes Fresh Fruit Milk Fresh Fruit Milk	17	Hot Oatmeal Fresh Fruit Milk Muffins Milk	18	Cinnamon Rolls Fresh Fruit Milk Applesauce & Raisins Milk	19	Scrambled Eggs Fresh Fruit Milk Corn Cobbettes Milk	20	Rice Krispies Fresh Fruit Milk Cream Cheese & Jelly Crackers Milk	21
Cereal Fresh Fruit Milk Muffins Milk	24	Toast Fresh Fruit Milk Oven Potatoes Milk	25	Unleavened Bread Fresh Fruit Milk Fruit Salad Milk	26	Pancakes Fresh Fruit Milk Crackers Dessert Smoothies	27	Breakfast Burritos Fresh Fruit Milk Fruit Juice Jello Milk	28

Menu is subject to change without notice