

Monday	Tuesday	Wednesday	Thursday	Friday
				Scrambled Eggs 1 Fresh Fruit Milk  Cheese and Crackers Milk
Toast 4 Fresh Fruit Milk  Rice and Beans Milk	Hot Oatmeal 5 Fresh Fruit Milk  Quesadilla Milk	Scrambled Eggs 6 Fresh Fruit Milk  Muffins Milk	Bagel and Cream Cheese 7 Fresh Fruit Milk  Cottage Cheese and Peaches Milk	Cereal 8 Fresh Fruit Milk  Pasta with Cheese Milk
CLOSED 11 Staff Development Day	Cereal 12 Fresh Fruit Milk  Lentil Soup Milk	Cinnamon Roll 13 Fresh Fruit Milk  Applesauce with Raisins Milk	Scrambled Eggs 14 Fresh Fruit Milk  Oven Potatoes Milk	French Toast 15 Fresh Fruit Milk  Yogurt with Raisins Milk
Biscuit 18 Fresh Fruit Milk  Mixed Veggies Milk	Scrambled Eggs 19 Fresh Fruit Milk  Grilled Cheese Sandwich Milk	Waffles 20 Fresh Fruit Milk  Crackers Smoothie	Scones 21 Fresh Fruit Milk  Fruit Salad Milk	Rice Pudding 22 Fresh Fruit Milk  Pizza Milk
Cinnamon Rolls 25 Fresh Fruit Milk  Corn Cobbettes Milk	Oven Potatoes 26 Fresh Fruit Milk  Cottage cheese and peaches Milk	Cereal 27 Fresh Fruit Milk  Super Soft Pretzel Milk	28 CLOSED  Thanksgiving	29

\*\*\*Menu is subject to change without notice\*\*\*



MEAL TIMES: 9:15am & 3pm

MIN. SERVING SIZES:

- Milk or Fruit Juice 1/2 cup
- Veggies or Fruits 1/4 cup
- Grain 1/2 oz. equiv.
- Pasta or Noodles 1/4 cup

MINIMUM SERVING SIZES:

- Cheese 1 oz
- Eggs 1 egg
- Beans or Peas 1/4 cup
- Yogurt 1/4 cup