

Monday		Tuesday		Wednesday		Thursday		Friday	
								Scrambled Eggs	1
								Fresh Fruit Milk	
								Cheese and Crackers	
								Milk	
Toast	4	Hot Oatmeal	5	Scrambled Eggs	6	Bagel and Cream Cheese	7	Cereal	8
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Muffins		Quesadilla		Rice and Beans		Cottage Cheese and Peaches		Pasta with Cheese
	Milk		Milk		Milk		Milk		Milk
	11	Cereal	12	Cinnamon Roll	13	Scrambled Eggs	14	French Toast	15
CLOSED		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Staff Development Day		Milk		Milk		Milk		Milk	
			Lentil Soup		Applesauce with Raisins		Oven Potatoes		Yogurt with Raisins
			Milk		Milk		Milk		Milk
Biscuit	18	Scrambled Eggs	19	Waffles	20	Scones	21	Rice Pudding	22
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Mixed Veggies		Grilled Cheese Sandwich		Crackers		Fruit Salad		Pizza
	Milk		Milk		Smoothie		Milk		Milk
Cinnamon Rolls	25	Oven Potatoes	26	Cereal	27		28		29
Fresh Fruit		Fresh Fruit		Fresh Fruit					
Milk		Milk		Milk					
	Corn Cobbettes		Cottage cheese and peaches		Super Soft Pretzel		CLOSED		
	Milk		Milk		Milk		Thanksgiving		

\*\*\*Menu is subject to change without notice\*\*\*



MEAL TIMES: 9:15am & 3pm	
MIN. SERVING SIZES:	MINIMUM SERVING SIZES:
-Milk or Fruit Juice 1/2 cup	- Cheese 1 oz
-Veggies or Fruits 1/4 cup	- Eggs 1 egg
- Grain 1/2 oz. equiv.	- Beans or Peas 1/4 cup
- Pasta or Noodles 1/4 cup	- Yogurt 1/4 cup