

Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup						MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup		Scones 2 Fresh Fruit Milk Mixed Veggies Milk		Hot Oatmeal 3 Fresh Fruit Milk Oven Potatoes Milk	
Biscuits 6 Fresh Fruit Milk Corn Cobbettes Milk		Rice Krispies 7 Fresh Fruit Milk Muffins Milk		Rice Pudding 8 Fresh Fruit Milk Quesadillas Milk		Breakfast Burritos 9 Fresh Fruit Milk Yogurt w/Raisins Milk		Cinnamon Rolls 10 Fresh Fruit Milk Smoothies/Raisins Milk			
Scrambled Eggs 13 Fresh Fruit Milk Pasta w/Cheese Milk		Oatmeal 14 Fresh Fruit Milk Grilled Cheese Sandwich Milk		Waffles 15 Fresh Fruit Milk Crackers w/Cheese Milk		Bagels w/ Cream Cheese 16 Fresh Fruit Milk Fruit Salad Milk		Cereal 17 Fresh Fruit Milk Rice and Beans Milk			
CCC Closed MLK Jr. Day 20		Toast 21 Fresh Fruit Milk Yogurt w/Raisins Milk		Breakfast Burritos 22 Fresh Fruit Milk Peaches w/Cottage Cheese Milk		Oven Potatoes 23 Fresh Fruit Milk Fruit Salad Milk		Cornflakes 24 Fresh Fruit Milk Mini Pizza Milk			
Hot Oatmeal 27 Fresh Fruit Milk Oatmeal Bites Milk		Unleavened Bread 28 Fresh Fruit Milk Yogurt w/Raisins Milk		Bagels w/Cream Cheese 29 Fresh Fruit Milk Mixed Veggies Milk		Pancakes 30 Fresh Fruit Milk Jello Milk		French Toast 31 Fresh Fruit Milk Graham Crackers Smoothies			

Menu is subject to change without notice

