


Monday	Tuesday	Wednesday	Thursday	Friday	
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup		MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup			
Biscuit 1 Fresh Fruit Milk Quesadillas Milk	Toast 2 Fresh Fruit Milk Watermelon Milk	Cinnamon Rolls 6 Fresh Fruit Milk Apple Milk	Graham Crackers 7 Fresh Fruit Milk Cheese Crackers Milk	Toast 8 Fresh Fruit Milk Pizza Milk	Graham Crackers 9 Fresh Fruit Milk Oatmeal Bites Milk
Scones 13 Fresh Fruit Milk Fruit Salad Milk	Pancakes 14 Fresh Fruit Milk Melon Milk	Graham Crackers 15 Fresh Fruit Milk Grilled Cheese Sandwich Milk	Toast 16 Fresh Fruit Milk Apple Milk	Vanilla Pops 17 Fresh Fruit Milk Graham Crackers Milk	
Waffles 20 Fresh Fruit Milk Watermelon Milk	Biscuit 21 Fresh Fruit Milk Mangoes Milk	Graham Crackers 22 Fresh Fruit Milk Super Soft Pretzel Milk	Apple Muffins 23 Fresh Fruit Milk Fruit Salad Milk	Cinnamon Rolls 24 Fresh Fruit Milk Orange Creamsicles Milk	
Bagel w/ cream cheese 27 Fresh Fruit Milk Fresh Fruit Milk	Graham Crackers 28 Fresh Fruit Milk Fresh Fruit Milk	Graham Crackers 29 Fresh Fruit Milk Quesadillas Milk	Unleavened Bread 30 Fresh Fruit Milk Smoothies with Raisins	Scones 31 Fresh Fruit Milk Fruit Salad Milk	

Menu is subject to change without notice