


Monday		Tuesday		Wednesday		Thursday		Friday			
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup				Oven Potatoes 1 Fresh Fruit Milk		Bagel w/ Cream Cheese 2 Fresh Fruit Milk Orange Creamsicles Milk	
Breakfast Burrito 5 Fresh Fruit Milk Fresh Fruit Milk		Cinnamon Rolls 6 Fresh Fruit Milk Apples Milk		Toast 7 Fresh Fruit Milk Khachapuri w/ cheese Milk				Graham Crackers 8 Fresh Fruit Milk Banana Bread Milk		French Toast 9 Fresh Fruit Milk Fresh Fruit Milk	
Graham Crackers 12 Fresh Fruit Milk Muffins Milk		Vanilla pops 13 Fresh Fruit Milk Quesadilla Milk		Pancakes 14 Fresh Fruit Milk Fresh Fruit Milk		Toast 15 Fresh Fruit Milk Oatmeal Bites Milk		Unleavened Bread 16 Fresh Fruit Milk Smoothie			
Graham Crackers 19 Fresh Fruit Milk Muffins Milk		Biscuits 20 Fresh Fruit Milk Smoothie		Waffles 21 Fresh Fruit Milk Fresh Fruit Milk		Graham Crackers 22 Fresh Fruit Milk Muffins Milk		Oven Potatoes 23 Fresh Fruit Milk Fresh Fruit Milk			
Graham Crackers 26 Fresh Fruit Milk Muffins Milk		Graham Crackers 27 Fresh Fruit Milk Fresh Fruit Milk		Toast 28 Fresh Fruit Milk Muffins Milk		Scones 29 Fresh Fruit Milk Fresh Fruit Milk		Graham Crackers 30 Fresh Fruit Milk Cinnamon Rolls Milk			

Menu is subject to change without notice