


June 2015

Breakfast and PM Snack at The CCC

Preschool Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
Whole Grain Cereal Fresh Fruit Milk Crackers, Cheese Milk	1	French Toast Fresh Fruit Milk Peaches & Cottage Cheese Milk	2	Omelet Fresh Fruit Milk Rice & Beans Milk	3	Cereal Fresh Fruit Milk Jell-O Milk	4	Pancakes Fresh Fruit Milk Applesauce & Raisins Milk	5
Warm Oatmeal Fresh Fruit Milk Pita Toast & Hummus Milk	8	Granola & Yogurt Fresh Fruit Milk Soft Pretzels Milk	9	Eggs Fresh Fruit Milk Fruit Salad Milk	10	Toast Fresh Fruit Milk Corn Cobbettes Milk	11	Cinnamon Rolls Fresh Fruit Milk Crackers Very Berry Fruit Float	12
Toast Fresh Fruit Milk Mixed Veggies Milk	15	Cinnamon Rolls Fresh Fruit Milk Peaches & Cottage Cheese Milk	16	Scrambled Eggs Fresh Fruit Milk Mini Pizza Milk	17	Yogurt & Cheerios Fresh Fruit Milk Pasta/Cheese Milk	18	Waffles Fresh Fruit Milk Applesauce and Raisins Milk	19
Yogurt Fresh Fruit Milk Cornbread Milk	22	Cereal Fresh Fruit Milk Quesadillas Milk	23	Cream Cheese Bagels Fresh Fruit Milk Corn Cobbettes Milk	24	Biscuits Fresh Fruit Milk Fresh Fruit Milk	25	Pancakes Fresh Fruit Milk Crackers/ Cheese Milk	26
French Toast Fresh Fruit Milk Carrots with Ranch Milk	29	Scrambled Eggs Fresh Fruit Milk Mini Pizza Milk	30	 THE CHILDREN'S CENTER AT CALTECH		MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: MINIMUM SERVING SIZES: -Milk or Fruit Juice 1/2 cup - Cheese 1 oz -Veggies or Fruits 1/4 cup - Eggs 1 egg - Cereal 1/4 cup - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup			

Menu is subject to change without notice.