

Monday	Tuesday	Wednesday	Thursday	Friday
 THE CHILDREN'S CENTER AT CALTECH	Toast 1 Fresh Fruit Milk Quesadilla Juice	Hot Oatmeal 2 Fresh Fruit Milk Soft Pretzel Milk	Biscuits 3 Fresh Fruit Milk Applesauce Milk	Scrambled Eggs 4 Fresh Fruit Milk Banana Bread Milk
	French Toast 7 Fresh Fruit Milk Mixed Veggies Milk	Yogurt & Granola 8 Fresh Fruit Milk Cheese Crackers Milk	Pancakes 9 Fresh Fruit Milk Cottage Cheese w/Peaches Milk	Breakfast Burrito 10 Fresh Fruit Milk Corn Cobbettes Milk
Omelette 14 Fresh Fruit Milk Apricot Orange Bread Milk	Hot Oatmeal 15 Fresh Fruit Milk Mini Pizza Milk	Bagels w/Cream Cheese 16 Fresh Fruit Milk Fruit and Yogurt Milk	Oven Potato 17 Fresh Fruit Milk Quesadilla Milk	Cereal 18 Fresh Fruit Milk Blueberry Muffins Milk
Cornflakes 21 Fresh Fruit Milk Crackers w/Cream Cheese & Jelly Milk	Waffles 22 Fresh Fruit Milk Mixed Veggies Milk	Scrambled Eggs 23 Fresh Fruit Milk Oatmeal Bites Milk	NO SCHOOL - In Observation of Thanksgiving	
Pancakes 28 Fresh Fruit Milk Fruit Salad Milk	Breakfast Burrito 29 Fresh Fruit Milk Mixed Veggies Milk	Cereal 30 Fresh Fruit Milk Oven Potato Milk	MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: MINIMUM SERVING SIZES: -Milk or Fruit Juice 1/2 cup - Cheese 1 oz -Veggies or Fruits 1/4 cup - Eggs 1 egg - Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup	

Menu is subject to change without notice

November 2016

Breakfast and PM Snack at The CCC

Preschool