


Monday		Tuesday		Wednesday		Thursday		Friday	
		Omelettes		Toast		Biscuits		Cereal	
		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
		Orange Bread Milk		Mixed Veggies Milk		Fruit Salad Milk		Cheese Crackers Milk	
French Toast		Yogurt & Granola		Pancakes		Breakfast Burrito		Cinnamon Rolls	
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Rice and Beans Milk		Super Soft Pretzels Milk		Cottage Cheese w/Peaches Milk		Corn Cobbettes Milk		Fresh Fruit Milk	
15		16		17		18		19	
No School - MLK Jr. Day		Rice Krispies		Toast		Scrambled Eggs		Hot Oatmeal	
		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
		Mini Pizza Milk		Applesauce and Raisins Milk		Mixed Veggies Milk		Blueberry Muffins Milk	
22		23		24		25		26	
Cornflakes		Waffles		Egg McMuffin		Bagels & Cream Cheese		Rice Pudding	
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
Crackers w/Cream Cheese & Jelly Milk		Oven Potatoes Milk		Oatmeal Bites Milk		Fresh Fruit Milk		Quesadillas Milk	
29		30		31		MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: MINIMUM SERVING SIZES: - Milk or Fruit Juice 1/2 cup - Cheese 1 oz - Veggies or Fruits 1/4 cup - Eggs 1 egg - Grain 1/2 oz. equiv. - Beans or Peas 1/4 cup - Pasta or Noodles 1/4 cup - Yogurt 1/4 cup			
Scones		Cereal		French Toast					
Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk					
Fresh Fruit Milk		Pasta w/Cheese Milk		Lentil Soup Milk					

Menu is subject to change without notice

January 2018

Breakfast and PM Snack at The CCC

Preschool