Monday	Tuesday	Wednesd	ay	Thursday		Friday
MEAL TIMES: 9	:15am & 3pm	Toast	1	Pancakes	2	Cereal 3
MIN. SERVING SIZES:	MINIMUM SERVING SIZES:	Fresh Fruit		Fresh Fruit		Fresh Fruit
-Milk or Fruit Juice 1/2 cup	- Cheese 1 oz	Milk		Milk		Milk
-Veggies or Fruits 1/4 cup	- Eggs 1 egg			children's Appleso	auce	
- Grain 1/2 oz. equiv.	- Beans or Peas 1/4 cu		Quesadillas	center 3 & rai	isins	Crackers w/Cheese
- Pasta or Noodles 1/4 cup	- Yogurt 1/4 cup		Milk		Milk	Milk
Scrambled Eggs 6	Cereal	Peaches w/cottage ch	eese 8	Bagel w/cream cheese	9	French Toast 10
Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit		Fresh Fruit
Milk	Milk	Milk		Milk		Milk
Rice and Beans	Banana Bre	nd Ove	n Potatoes	Applesauce w/Rai	icinc	Corn Cobbettes
Milk		lk	Milk	• •	Milk	Milk
		4 Hot Oatmeal		Waffles		Scrambled Eggs 17
	Fresh Fruit	Fresh Fruit		Fresh Fruit		Fresh Fruit
Milk	Milk	Milk		Milk		Milk
- "						
Quesadillas	Pas			Fresh F		
Milk		lk	Milk		Milk	Milk
		1 Breakfast Burrito	22	Hot Oatmeal		Corn Flakes 24
	Fresh Fruit	Fresh Fruit		Fresh Fruit		Fresh Fruit
Milk	Milk	Milk		Milk		Milk
Applesauce	Mixed Vegg	es F	Fresh Fruit	Cream Cheese Crack	kers	Soft Pretzel
 Milk		lk	Milk		Milk	Milk
Biscuits 27	Scrambled Eggs	8 Crepes	29	Bagels w/cream cheese	30	Rice Krispies 31
Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit		Fresh Fruit
Milk	Milk	Milk		Milk		Milk
Vanilla Yogurt w/raisins	Oatmeal Bit	Peaches & Cott	taae Cheese	Corn Cobbet	ttes	Cornbread
Milk		lk	Milk		Milk	Milk

Menu is subject to change without notice