Monday	Tuesday	Wednesday	Thursday	Friday
Bagel w/Cream Cheese 1	Breakfast Burrito 2	Oven Potatoes 3	Unleavend Bread 4	Cereal 5
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Peaches w/Cottage Cheese	Fruit Salad	Quesadillas	Jello	Crackers w/Cheese
Milk	Milk	Milk	Milk	Milk
Scrambled Eggs 8	Cereal 9	Cinnamon Rolls 10	Toast 11	12
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	CCC Closed
Milk	Milk	Milk	Milk	ECSTEM Fall Symposium
				<sup>th</sup> children's
Rice and Beans	Banana Bread	Fruit Salad	EARLY SCHOOL	center 🗞 7
Milk	Milk	Milk	CLOSURE - 2:30	cåltech 🔍
Toast 15	Cereal 16	Rice Pudding 17	Waffles 18	Scrambled Eggs 19
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Quesadillas	Pasta	Grilled Cheese Sandwich	Fresh Fruit w/Cottage Cheese	Oven Potatoes
Milk		Milk	Milk	Milk
Cinnamon Rolls 22	Biscuits 23	Breakfast Burrito 24	Toast 25	Corn Flakes 26
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk	Milk	Milk	Milk	Milk
Applesauce	••		Cream Cheese Crackers	Soft Pretzel
Milk		Milk	Milk	Milk
Pancakes 29		Bagel w/Cream Cheese 31	MEAL TIMES	: 9:15am & 3pm
Fresh Fruit	Fresh Fruit	Fresh Fruit	MIN. SERVING SIZES:	MINIMUM SERVING SIZES:
Milk	Milk	Milk	-Milk or Fruit Juice 1/2 cup	- Cheese 1 oz
			-Veggies or Fruits 1/4 cup	- Eggs 1 egg
Corn Cobbettes	•	Peaches w/Cottage Cheese		- Beans or Peas 1/4 cup
Milk	Milk	Milk	- Pasta or Noodles 1/4 cup	- Yogurt 1/4 cup

\*\*\*Menu is subject to change without notice\*\*\*