November 2018

Breakfast and PM Snack at The CCC

Infant/Toddler Menu

Monday the children center caltech Scrambled Eggs Fresh Fruit Milk	ı's	MIN. SERVING SIZ -Milk or Fruit Juice 1 -Veggies or Fruits 1/ - Grain 1/2 oz. equiv. - Pasta or Noodles 1/ Yogurt/Cheerios Fresh Fruit Milk	ES: /2 cup 4 cup /4 cup	: 9:15am & 3pm MINIMUM SEF - Cheese 1 - Eggs 1 eg	RVING SIZES: oz 99 Peas 1/4 cup 4 cup 7	Thursday Scrambled Eggs Fresh Fruit Milk Ques Bagels w/cream cheese Fresh Fruit	adillas Milk 8	French Toast	2 ruit Salad Milk 9
center cåltech Scrambled Eggs Fresh Fruit	5	MIN. SERVING SIZ -Milk or Fruit Juice 1 -Veggies or Fruits 1/ - Grain 1/2 oz. equiv. - Pasta or Noodles 1/ Yogurt/Cheerios Fresh Fruit Milk	ES: /2 cup 4 cup /4 cup	MINIMUM SEF - Cheese 1 - Eggs 1 eg - Beans or - Yogurt 1/ Biscuits Fresh Fruit	RVING SIZES: oz 99 Peas 1/4 cup 4 cup 7	Fresh Fruit Milk Ques Bagels w/cream cheese	adillas Milk 8	Fresh Fruit Milk F French Toast	ruit Salad Milk
Scrambled Eggs Fresh Fruit		- Grain 1/2 oz. equiv. - Pasta or Noodles 1/ Yogurt/Cheerios Fresh Fruit Milk	/4 cup	- Beans or - Yogurt 1/ Biscuits Fresh Fruit	Peas 1/4 cup 4 cup 7	Bagels w/cream cheese	Milk 8	French Toast	Milk
Fresh Fruit		Fresh Fruit Milk	6	Fresh Fruit		•	-		9
	and Beans	Milk				Fresh Fruit			
Milk	and Beans			Milk				Fresh Fruit	
	and Beans					Milk		Milk	
Rice	Milk	Banana N	luffins Milk		Fruit Salad Milk	Mixed V	eggies Milk	Pasta	w/Cheese Milk
Toast		Yogurt w/Cheerios		Oatmeal		Waffles		Cinnamon Rolls	16
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
	Quesadillas Milk	Banana N	Milk		Oven Potatoes Milk	Corn Cobl	Milk	Crackers	w/cheese Milk
Scrambled Eggs	19		20	Scones	21		22		23
Fresh Fruit		Fresh Fruit		Fresh Fruit					
Milk		Milk		Milk		School Closed	- Than	ksgiving Holiday	
	Muffins	Mixed V			Grilled Cheese				
Ostrasl	Milk	Ve event /Cheeric -	Milk		Milk	Due alife at Dumite	20	Franch Tagat	20
Oatmeal Freeb Fruit	26	5	21	Bagels w/Crear		Breakfast Burritos	-	French Toast	30
Fresh Fruit Milk		Fresh Fruit		Fresh Fruit Milk		Fresh Fruit Milk		Fresh Fruit Milk	
	Muffins Milk	Lent	il Soup Milk	F	°asta w/Cheese Milk	Mixed V	eggies Milk	F	resh Fruit Milk

Menu is subject to change without notice