Monday		Tuesday		Wednesday		Thursday		Friday	
Oven Potatoes	3	Hot Oatmeal	4	Biscuits	5	Scrambled Eggs	6	Toast	7
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Fresh Fruit Salad		Cheese Pizza		Mixed Veggies		Quesadillas		Yogurt w/Raisins	
۸ N	Nilk		Milk		Milk		Milk	_	Milk
Cinnamon Rolls	10	Cereal	11	Breakfast Bu	rritos 12	Hot Oatmeal	13	French Toast	14
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Rice and Beans		Banana	Bread		Fruit Salad	Unleavened	Bread	Yogurt v	w/Raisins
۸ N	Nilk		Milk		Milk		Milk	_	Milk
Toast	17	Scones	18	Rice Pudding	19	Waffles	20	Scrambled Eggs	21
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk		Milk		Milk		Milk	
Quesadillas			Pasta	Grilled	Cheese Sandwich	Fresh Fruit w/Cottage	Cheese	Oven	Potatoes
N 1	Nilk		Milk		Milk		Milk		Milk
	24		25		26		27		28
CCC CLOSED FOR WINTER BREAK - PLEASE ENJOY THIS TIME WITH FAMILY AND FRIENDS!									
	31			Bagel w/Crea	m Cheese 2	MEAL	TIMES	: 9:15am & 3pm	
		the	lrop's	Fresh Fruit		MIN. SERVING SIZ	ES:	MINIMUM SERVING	SIZES:
SCHOOL WILL RESUME	3	children		Milk		-Milk or Fruit Juice 1/	2 cup	- Cheese 1 oz	
JANUARY 2nd, 2019		center 🔊	1			-Veggies or Fruits 1/4		- Eggs 1 egg	
SEE YOU THEN!		cåltech		Y	ogurt w/Raisins	- Grain 1/2 oz. equiv.		- Beans or Peas	1/4 cup
					Milk	- Pasta or Noodles 1/	4 cup	- Yogurt 1/4 cup	
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Menu is subject to change without notice