Monday	/	Tuesday		Wednesday		Thursday		Friday
MEAL TIMES: 9:15am & 3pm								Toast 1
MIN. SERVING SIZES:		MINIMUM SERVING SIZES:						Fresh Fruit
-Milk or Fruit Juice 1/2 cup		- Cheese 1 oz						Milk
-Veggies or Fruits 1/4 cup		- Eggs 1 egg						
- Grain 1/2 oz. equiv.		- Beans or Peas 1	/4 cup					Fruit Salad
- Pasta or Noodles	s 1/4 cup	- Yogurt 1/4 cup						Milk
Breakfast Burrita	9 4	Cereal	5	Cinnamon Rolls	6	Hot Oatmeal	7	French Toast 8
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit
Milk		Milk		Milk		Milk		Milk
Mixe	ed Veggies	Banana	Bread	Fruit S	5alad	Unleavened Br	read	Yogurt w/Raisins
	Milk		Milk		Milk	I	Milk	Milk
Toast	11	Scones	12	Rice Pudding	13	Waffles	14	Scrambled Eggs 15
Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit
Milk		Milk		Milk		Milk		Milk
Quesadillas		;	Pasta	Grilled Cheese San	dwich	Peaches w/Cottage Cl	heese	Oven Potatoes
	Milk		Milk		Milk	I	Milk	Milk
	18	Hot Oatmeal	19	Pancakes	20	Breakfast Burrito	21	22
		Fresh Fruit		Fresh Fruit		Fresh Fruit		
CCC Closed		Milk		Milk		Milk		CCC Closed
President's Day								ECSTEM Conference
		Blueberry	Bread	Applesauce & Ro	aisins	Corn Cobbet	ttes	
			Milk		Milk		Milk	
Corn Flakes	25	Yogurt & Granola	26	Bagel w/Cream Cheese	27	Hot Oatmeal	28	
Fresh Fruit		Fresh Fruit		Fresh Fruit	-	Fresh Fruit		^{the} children's
Milk		Milk		Milk		Milk		
								center ST
Rice	and Beans	oatmea	l Bites	Yogurt w/Ro	aisins	Pi	izza	cåltech 🛡
	Milk		Milk		Milk		Milk	

Menu is subject to change without notice'