Breakfast and PM Snack at The CCC

Monday	Tuesday		Wednesday		Thursday		Friday	
	Cereal	1	Scrambled Eggs	2	Scones	3	Hot Oatmeal 4	4
	Fresh Fruit		Fresh Fruit		Fresh Fruit	•	Fresh Fruit	
	Milk		Milk		Milk		Milk	
	Oven potat	oes	Mur	ffins	Cottage Cheese and	l fruit	Muffi	ins
	•	Wilk	,,,,	Milk	_	Milk	Mi	
Biscuits 7	Yogurt		French Toast		Scrambled Eggs	10	Cinnamon Rolls 1	
Fresh Fruit	Fresh Fruit		Fresh Fruit	-	Fresh Fruit		Fresh Fruit	\neg
Milk	Milk		Milk		Milk		Milk	
			_					
Mixed Veggie		-	Quesac					
Mil		Wilk		Milk		Milk		
		15	Cereal	16	Cereal	17	Cereal 1	8
Fresh Fruit	Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk	Milk		Milk		Milk		Milk	
Mini Pizz	a Oatmeal Bi	ites	Crackers and cheese		Graham cra	ckans	Crackers and cheese	
Mill	-	Wilk	cruckers and cheese	Milk		Milk	Mi	ilk
			Cereal		 Waffles	24		25
Fresh Fruit	_ Fresh Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	\neg
Milk	Milk		Milk		Milk		Milk	
						_		
Graham Cracker			Graham Crackers		Lentil	•	• •	
Mill Pancakes 28		Wilk	Cione and Della	Milk		Milk 31	Mi	IIK
Fresh Fruit	Cereal		Cinnamon Rolls Fresh Fruit	30	Bagel w/ Cream Cheese Fresh Fruit	31	ļ <u> </u>	_
Milk	Milk		Milk		Milk			
Mik	MIIK		MIIK		Milk			
Corn Cobbette	Mini Pi	zza	Mixed Ve	aaies	Fruit	Salad		
Mill		Wilk		Milk		Milk		
Menu is subject to c	hange without notice				MEAL TIMES: 9:15am &	3pm		
•			MIN. SER	RVING	SIZES:		MINIMUM SERVING SIZES:	
children's			-Milk or Fru	it Jui	ce 1/2 cup		- Cheese 1 oz	
center 🐟			-Veggies o	r Fruit	ts 1/4 cup		- Eggs 1 egg	
cåltech			- Grain 1/2 oz. equiv.				- Beans or Peas 1/4 cup	
			- Pasta or Noodles 1/4 cup				- Yogurt 1/4 cup	