Monday		Tuesday			Wednesday		Thursday		Friday	
Oatmeal	3	Yogur	t w/Cheerios	4	Pancakes	5	Scones	6	Toast	7
Fresh Fruit		Fresh 1	Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk			Milk		Milk		Milk	
Banana Muffins		Oven Potatoes			Quesadillas		Mixed Veggies		Mini Pizza	
	Milk			Milk		Milk		Milk		Milk
Pancakes	10	Scramb	oled Eggs	11	Biscuits	12	French Toast	13	Scrambled Eggs	14
Fresh Fruit		Fresh 1	Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
Milk		Milk			Milk		Milk		Milk	
Peaches w/ Cottage	: Cheese		Pasta w/C	heese	Que	sadillas	Rice and	Beans		Muffins
•	Milk			Milk	Ì	Milk		Milk		Milk
	17	Yogurt	w/Cheerios	18	Waffles	19	Bagel w/Cream Cheese	20	Cereal	21
		Fresh 1	Fruit		Fresh Fruit		Fresh Fruit		Fresh Fruit	
CCC Closed -		Milk			Milk		Milk		Milk	
President's Day										
·		Grilled Cheese Sandwich			Crackers w/Cheese		Oven Potatoes			Muffins
				Milk		Milk		Milk		Milk
Oatmeal	24	Cereal		25	Cinnamon Rolls	26	French Toast	27		28
Fresh Fruit		Fresh 1	Fruit		Fresh Fruit		Fresh Fruit		1	
Milk		Milk			Milk		Milk		CCC Closed -	
									ECSTEM Confere	nce
	Muffins		Mini	Pizza	Corn Cot	bettes	Mixed V	eggies		
	Milk			Milk		Milk		Milk		
					MEAL TIMES: 9:15ar	n & 3pm	1			
children's center					MIN. SERVIN		G SIZES:		MINIMUM SERVING SIZES:	
					-Milk o	r Fruit J	uice 1/2 cup		- Cheese 1 oz	
cåltech					-Veggi	es or Fr	uits 1/4 cup		- Eggs 1 egg	
Carteen				- Grain 1/2 oz. equiv.				- Beans or Peas 1/4 cup		
					- Pasta	or Noo	dles 1/4 cup		- Yogurt 1/4 cu	р

\*\*\*Menu is subject to change without notice\*\*\*