


Monday		Tuesday		Wednesday		Thursday		Friday					
MEAL TIMES: 9:15am & 3pm MIN. SERVING SIZES: -Milk or Fruit Juice 1/2 cup -Veggies or Fruits 1/4 cup - Grain 1/2 oz. equiv. - Pasta or Noodles 1/4 cup				MINIMUM SERVING SIZES: - Cheese 1 oz - Eggs 1 egg - Beans or Peas 1/4 cup - Yogurt 1/4 cup				Biscuit Fresh Fruit Milk	1	Waffles Fresh Fruit Milk	2		
Cinnamon Rolls Fresh Fruit Milk		5	Toast Fresh Fruit Milk		6			Scones Fresh Fruit Milk	7	Oven Potatoes Milk		Smoothie Milk	
Quesadillas Milk			Orange Bread Milk			Crackers w/ Cream Cheese Milk			Breakfast Burritos Fresh Fruit Milk	8	Pancakes Fresh Fruit Milk	9	
Unleavened Bread Fresh Fruit Milk		12	French Toast Fresh Fruit Milk		13	Toast Fresh Fruit Milk		14	Bagel w/ Cream Cheese Fresh Fruit Milk	15	Cinnamon Rolls Fresh Fruit Milk		16
Graham Crackers Milk			Mini Pizza Milk			Muffins Milk			Oven Potatoes Milk		Fresh Fruit Milk		
Biscuits Fresh Fruit Milk		19	Toast Fresh Fruit Milk		20	Breakfast Burritos Fresh Fruit Milk		21	Scones Fresh Fruit Milk	22	Pancakes Fresh Fruit Milk		23
Smoothie Milk			Banana Bread Milk			Graham Crackers Milk			Pita Bread w/ Hummus Milk		Quesadillas Milk		
Waffles Fresh Fruit Milk		26	English Muffins Fresh Fruit Milk		27	French Toast Fresh Fruit Milk		28	Unleavened Bread Fresh Fruit Milk	29	Toast Fresh Fruit Milk		30
Grilled Cheese Sandwich Milk			Oven Potatoes Milk			Fresh Fruit Salad Milk			Cheese Crackers Milk		Muffins Milk		

Menu is subject to change without notice